

FRESH FROM THE KITCHEN

SELECTION



凉菜 COLD APPETIZERS

< 每份 Per Plate >

酱汁小牛腱肉

Veal Shank in Chef's Special Sauce

\$ 32

上海本帮熏鱼

Traditional Shanghai Style "Smoked Fish"

\$ 32

江雪糖醋排骨

Sweet & Sour Pork Spare Ribs Shanghai Style

\$ 28

沪上糟卤三鲜

Marinated Trio in Shanghai Rice Wine

\$ 28

青椒酱脆耳卷

Tender Pig Ear Roll with Green Pepper Sauce

\$ 28

黑松露蕃茄球

Black Truffle Cherry Tomato

\$ 22

葱油拌海蜇丝

Shredded Jellyfish with Scallion Oil

\$ 22

 主厨特别精选
Chef's Special
Selection

餐厅一律收取10%服务费与相应的政府消费税
Price subject to 10% Service Charge & Prevailing
Government Taxes

界33会员可以享受菜品85折及免服务费
Manor 33 members are entitled to 15% off
on all food expenditures and waiver of service charge

凉菜 FROM OUR COLD KITCHEN

< 每份 Per Plate >

时令蔬菜沙拉

Seasonal Vegetable Salad

\$ 22

新派蓝梅山药

Mashed Chinese Yam with Blueberry

\$ 18

老醋七彩花生

Fresh Peanuts with Aged Vinegar

\$ 18



上海咸鸡 (半只)

Traditional Shanghai Style Salted Chicken (Half Chicken)

\$ 32

手撕茭白

Hand-shredded Wild Stem Bamboo Shoots

\$ 18



上海本帮四喜烤麸

Braised Gluten with Four Delicacies

\$ 22

芒果慕斯

Mango Mousse

\$ 18



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汤羹 SOUPS

< 每份 Per Plate >

养生松茸炖花胶

Double-boiled Fish Maw with Matsutake

\$ 88

菜胆贝柱炖螺头

Sea Whelk & Conpoy Soup with Greens

\$ 68

拆烩有机甲鱼羹

Organic Soft-shell Turtle Broth

\$ 38

上海本帮酸辣汤

Hot & Sour Soup, Classic Shanghai Style

\$ 28

珊瑚笋丝鳕鱼羹

Mushroom & Cod Fish Soup

\$ 32

上海本帮罗宋汤

Traditional Shanghai Borscht

\$ 28

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鱼翅 SHARK FIN

< 每份 Per Plate >



招牌黄焖汤大排翅

Braised Shark Fin in Superior Broth

\$ 128 (120g)

甫鱼蟹肉干捞鱼翅

Dry-mixed Braised Shark's Fin with Crab Meat

\$ 108 (75g)

黄羔蟹粉扒中鲍翅

Braised Middle Shark's Fin with Crab Roe

\$ 108 (75g)

原盅老鸡炖中鲍翅

Double-boiled Chicken Soup with Shark's Fin

\$ 88 (75g)

红烧鲜蟹肉竹笙翅

Braised Shark's Fin with Bamboo Pith & Crab Meat

\$ 68



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海味珍馐 PREMIUM DRIED SEAFOOD

< 每份 Per Plate >



黎麦花胶配鱼子酱

Fish Maw with Quinoa & Caviar

\$ 98

菌皇汁扒关东辽参

Braised Japanese Sea Cucumber in Mushroom Sauce

时价 Market Price

蜂窝花胶配鱼子酱

Crispy Fish Maw with Caviar

\$ 98

蚝皇12头南非干鲍

Braised 12-head South African Abalone

时价 Market Price



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海鲜热炒 HOT-PLATED SEAFOOD

< 每份 Per Plate >

本帮油爆元宝虾

Fried Prawns in Soy Sauce, Shanghai Style

\$ 48

太雕鸡油蒸鳕鱼

Steamed Cod with Shaoxing Wine

\$ 48

上海糟溜滑鳕鱼

Cod in Marinated Shanghai Wine Sauce

\$ 48

黑松露啫啫田鸡 (2只)

Sizzling Frog with Black Truffle (2Pcs)

\$ 48

乾坤松香赛螃蟹

Fresh Crab with Pine Nuts

\$ 42

沪式蟹粉炖滑蛋

Steamed Egg Custard with Crab Roe Shanghai Style

\$ 42

甜豆水晶凤尾虾

Crystal Shrimp with Snow Peas

\$ 32

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生猛海鲜 LIVE SEAFOOD

< 每百克 Per100g >

东星斑

Coral Grouper

- 清蒸 / Steamed
- 黄椒酱蒸 / Steamed with Yellow Pepper

时价 Market Price

笋壳鱼

Marble Goby

- 松子糖醋 / Sweet & Sour with Pine Nuts
 - 水煮 / Spicy Sichuan-style

时价 Market Price

澳洲龙虾

Australian Lobster

- 刺身 / Sashimi
- 太雕鸡油蒸 / Steamed with Shaoxing Wine Sauce

时价 Market Price

波士顿龙虾

Boston Lobster

- 白胡椒焗 / Braised with White Pepper
- 姜葱焗 / Braised with Ginger & Scallion

时价 Market Price

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< 每百克 Per100g >

加拿大象拔蚌

Canadian Geoduck Clam

- 刺身 / Sashimi
- 鸡油堂作 / Blanched with Clear Chicken Broth

时价 Market Price

阿拉斯加帝王蟹

Alaskan King Crab

- 西施炒 / Stir-fried with Egg Sauce
- 避风塘 / Typhoon Shelter Style

时价 Market Price

斯里兰卡青蟹

Sri Lanka Blue Crab

- 盐水焗 / Salt-braised
- 香辣炒 / Spicy Wok-fried

时价 Market Price

草虾

Tiger Prawn

- 咸蛋黄焗 / Braised with Salted Egg Yolk
- 酒炖 / Drunken Wine Stew

时价 Market Price

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辣味精选 SPICY DELICACIES

< 每份 Per Plate >

沸腾水煮牛肉

Boiled Sliced Beef in Spicy Soup

\$ 42

歌乐山辣子鸡

Chongqing-Style Spicy Chicken

\$ 32



上海八宝辣酱

Shanghai Eight-Spice Chili Sauce

\$ 28

杭椒小炒肉

Stir-fried Sliced Pork with Green Chili

\$ 28

麻婆豆腐

Mapo Tofu

\$ 28



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猪·牛类 PORK & BEEF

< 每份 Per Plate >



鲍鱼本帮红烧肉

Braised Pork Belly with Abalone

\$ 98



招牌黑椒和牛肉 (位上)

Signature Black Pepper Wagyu Beef (Per Guest)

\$ 28

上海南乳烧肉

Pork Belly in Fermented Bean Curd, Shanghai Style

\$ 48

糖醋里脊肉

Sweet & Sour Pork Tenderloin

\$ 32



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蔬菜·豆腐 VEGETABLES & TOFU

< 每份 Per Plate >

黑松露百合芦笋

Asparagus with Black Truffle & Lily Bulbs

\$ 28

樱花虾焗四季豆

String Beans with Sakura Shrimp

\$ 28

姜汁米酒炒芥兰

Chinese Kale with Ginger in Aged Rice Wine

\$ 26

雪菜炒香莴笋

Stir-fried Celtuce with Pickled Greens

\$ 26



蟹粉烩嫩滑豆腐

Braised Silken Tofu with Crab Roe

\$ 32

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粉·面·饭 NOODLES · RICE · VERMICELLI

< 每份 Per Plate >

上海小馄饨

Hand-made Petit Dumplings, Shanghai Style

\$ 28

雪菜鲜虾粉皮

Vermicelli with Pickled Greens & Prawns

\$ 32

干炒牛肉河粉

Stir-fried Flat Rice Noodles with Beef

\$ 32

上海咸肉菜饭

Shanghai Salted Pork Vegetable Rice

\$ 28

蟹肉干贝蛋白炒饭

Fried Rice with Egg White, Fresh Crab & Conpoy

\$ 88

姜葱草虾焖面卜

Braised Noodles with Tiger Prawns

\$ 68



甄选XO酱珍珠龙虾面

Braised Lobster with Noodle in Chef's signature XO Sauce

\$ 128



开洋葱油拌面

Scallion Oil Noodles with Dried Shrimp

\$ 16

阳春面

Classic Shanghai "Yang Chun" Noodles

\$ 16

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甜品·点心 DESSERTS

< 每份 Per Plate >

姜茶红糖雪梨燕窝

Bird's Nest with Snow Pear in Ginger Tea

\$ 68

十五年陈皮红豆沙

Red Bean Soup with 15-Year Aged Tangerine Peel

\$ 18

酒酿圆子

Sweet Rice-Wine Dumplings

\$ 18

上海酥脆手工春卷 (一份3件)

Shanghai-Style Handmade Spring Roll (3pcs per serve)

\$ 12

粢饭糕 (一份3件)

Crispy Rice Cake Shanghai Style (3pcs per serve)

\$ 12

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